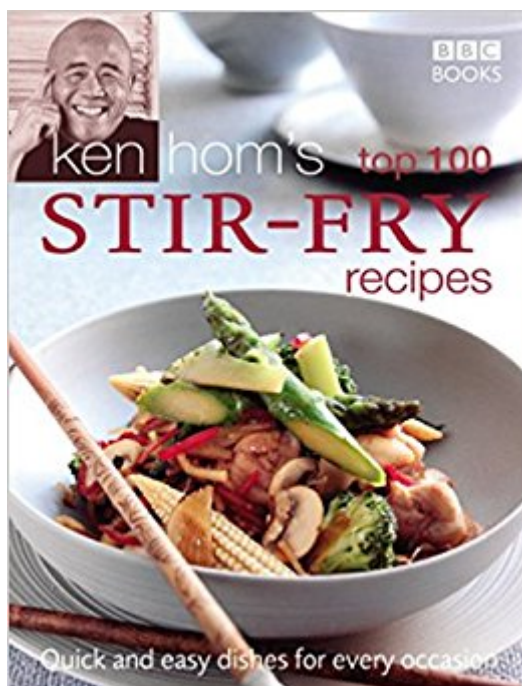


The book was found

Ken Hom's Top 100 Stir Fry Recipes: Quick And Easy Dishes For Every Occasion (BBC Books' Quick & Easy Cookery)



Synopsis

Ken Hom brings us 100 healthy, delicious, easy-to-prepare dishes that are sure to appeal to every palate. With 20 brand new recipes as well as 80 favorites, this revered cook covers not only Asian stir fries but non-Asian dishes as well, like stir-fry spaghetti carbonara. Ken Hom's Top 100 Stir Fry Recipes is arranged by chapters that include Chicken, Fish and Seafood, Beef, Pork, and Vegetarian, and there are also helpful sections on techniques for preparation and cooking as well as recommendations for oils and sauces. As one of the world's top authorities on wok-cooking, Ken Hom shows that the speed, versatility, and convenience of stir-frying never compromise flavor.

Book Information

Series: BBC Books' Quick & Easy Cookery

Hardcover: 144 pages

Publisher: BBC Books (September 1, 2004)

Language: English

ISBN-10: 0563521643

ISBN-13: 978-0563521648

Product Dimensions: 7.6 x 0.6 x 9.8 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 12 customer reviews

Best Sellers Rank: #400,324 in Books (See Top 100 in Books) #49 in Books > Cookbooks, Food & Wine > Asian Cooking > Wok Cookery #115 in Books > Cookbooks, Food & Wine >

Entertaining & Holidays > Appetizers #619 in Books > Cookbooks, Food & Wine > Celebrities & TV Shows

Customer Reviews

An outstanding collection of new and classic stir-fry recipes from one of the world's leading authorities on Asian cooking.

In this stylishly produced new book, Ken Hom brings us 100 healthy, delicious, easy-to-prepare dishes sure to appeal to every palate. With 20 brand new recipes as well as 80 favorites, this revered cook covers not only Asian stir fries but non-Asian dishes as well, like stir-fry spaghetti carbonara. Ken Hom's Top 100 Stir Fry Recipes is arranged by chapters that include Chicken, fish and Seafood, Beef, Pork, and Vegetarian, and there are also helpful sections on techniques for preparation and cooking as well as recommendations for oils and sauces. As one of the world's

top authorities on wok "cooking, Ken Hom shows that the speed, versatility, and convenience of stir-frying never compromise flavor. Teacher and cookbook author Ken Hom travels regularly to America, Asia, and Europe; among his best-sellers are Ken Hom's Quick Wok, Foolproof Chinese Cooking, and Ken Hom's Hot Wok.

I LOVE this book. As a home cook that loves to try new things, this was one of the books that I originally checked out of my local library. I loved it so much, I had to have my own copy. The recipes are so easy to follow, and even though there are some eclectic ingredients listed, there is usually an easy to find and most likely on hand substitution for these things. Like another review pointed out, there is use of British terminology throughout the book, but again, these are explained thoroughly. Every recipe I have tried so far came out tasting amazing. Even the most basic of cooks could handle this book, and come out looking like a stir fry Pro. Highly recommend to add to your cookbook collection.

It's always good to find a cookbook where you use more than 1 or 2 recipes. This one fits the bill. It's my current favourite. Stir fry is my favourite form of cooking and this is my current go-to cookbook. As the cover says "quick and easy". And delicious!! Worth every penny/dime.

killer recipes. Takes the mystical qualities out of a number of favorite dishes, and teaches important nuance about Chinese/ asian recipes.

Made two recipes so far, and both were great. I'm new to stir fry, so I still find the prep work laborious. But the recipes are written well and easy to follow.

I first found this at our local library and wanted a copy for home. Most recipes have too much salt for our taste so I went through the book and crossed out the salt from most recipes. There is great plenty from other ingredients and you can always add more later.

It's got some great recipes. Most of them have turned out well on the 1st try.

Ken Hom's recipes are simple and healthy and that's what I like. The illustrations are a great motivator to eat more Asian cuisine.

Some nice recipes offered amongst those that I don't know if I would ever use. They seem simple to follow and that is what I was looking for.

[Download to continue reading...](#)

Ken Hom's Top 100 Stir Fry Recipes: Quick and Easy Dishes for Every Occasion (BBC Books' Quick & Easy Cookery) Stir Fry: Top 50 Best Stir Fry Recipes â " The Quick, Easy, & Delicious Everyday Cookbook! Stir Fry Cooking: Over 210 Quick & Easy Gluten Free Low Cholesterol Whole Foods Recipes full of Antioxidants & Phytochemicals (Stir Fry Natural Weight Loss Transformation) (Volume 8) Stir Fry Cooking: Over 210 Quick & Easy Gluten Free Low Cholesterol Whole Foods Recipes full of Antioxidants & Phytochemicals (Stir Fry Natural Weight Loss Transformation Book 8) Stir Fry Recipes: 25 Easy Stir Fry Recipes for You to Make Your Lunch and Dinner Quickly! Rice or Noodles: Oriental Stir Fry Cookbook featuring 30 Mouth-watering Stir Fry Recipes Stir Fry 101: Over 25 Homemade Stir Fry Recipes to Feed the Family Ken Hom's Simple Thai Cookery Freeze, Heat and Fry Box Set (5 in 1): Cast Iron, Air Fryer, Asian Stir-Fry Recipes and Freezer Meals (Quick and Easy Recipes) Welcome to Wok World: Unlock EVERY Secret of Cooking Through 500 AMAZING Wok Recipes (Wok cookbook, Stir Fry recipes, Noodle recipes, easy Chinese recipes ,...) (Unlock Cooking, Cookbook [#2]) Welcome to Wok World: Unlock EVERY Secret of Cooking Through 500 AMAZING Wok Recipes (Wok cookbook, Stir Fry recipes, Noodle recipes, easy Chinese ... (Unlock Cooking, Cookbook [#2]) (Volume 2) Rice Cooker Recipes - Asian Cooking - Quick & Easy Stir Fry - Low Sugar - Low Sodium - (BONUS: Trader Joe's Ingredients Asian Style Recipes) 100 Quick Stir-Fry Recipes (My Kitchen Table) Gastric Sleeve Cookbook: QUICK and EASY â " 40+ Bariatric-Friendly Salad, Soup, Stew, Vegetable Noodles, Grilling, Stir-Fry and Braising Recipes You Can ... (Effortless Bariatric Cookbook Series 6) Cook Yourself Slim: Nutritious, Delicious, Quick And Easy Stir Fry Recipes Bringing Home the Seitan: 100 Protein-Packed, Plant-Based Recipes for Delicious "Wheat-Meat" Tacos, BBQ, Stir-Fry, Wings and More The Stir Fry Cookbook: 100 Fun and Fresh Recipes for the One-Stop Cook The Healthy Wok Chinese Cookbook: Fresh Recipes to Sizzle, Steam, and Stir-Fry Restaurant Favorites at Home 300 Best Stir-Fry Recipes Fry it Like a Pro: Delicious Air Fryer Recipes to Fry Best American Oil-Less Meals for Everyday Cooking

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)